

*We're located  
on N. Capitol St.  
37 blocks North  
of the US Capitol*

#### From Elsewhere

Review a map or visit a map application on the Internet for specific directions from a unique location. Or call us at 800.422.9988 and we'll personally help you. Have a safe journey and we look forward to meeting you.

**Main Gate:**  
**140 Rock Creek Church Road NW**  
**Washington, DC 20011**



**Send all correspondence to:**  
**Armed Forces Retirement Home**  
**3700 N. Capitol Street NW**  
**Washington, DC 20001**  
**ATTN: PAO #584**

Email: [public.affairs@afrh.gov](mailto:public.affairs@afrh.gov)  
Phone: 800.422.9988  
Fax: 202.541.7519  
Web: [afrh.gov](http://afrh.gov)  
[facebook.com/AFRH.gov](https://facebook.com/AFRH.gov)



*AFRH - Washington*



# Rooms to THRIVE



Connected single rooms are available for eligible couples.

Our Washington community offers you many activities and wide-open spaces to explore. Yet, sometimes, we all wish to retire to the privacy of our own space. At AFRH-W, you'll enjoy your own private room with heat and air conditioning, plus a private shower and walk-in closet.

**Supplied Amenities:**

- > A comfortable single bed, desk, chair & reading lamp
- > Cable TV & personal phone lines; services are at your expense

**Resident Rules:**

- > All new residents will reside in Independent Living rooms
- > You must keep your room sanitary & presentable always
- > AFRH is a non-smoking facility. However, smoking is permitted in designated outdoor areas



**Washington Apartments:**

- > Available to new residents
- > Approx. room size: 180 sq. ft.
- > Bring your TV & Microwave

# Directions to THRIVE

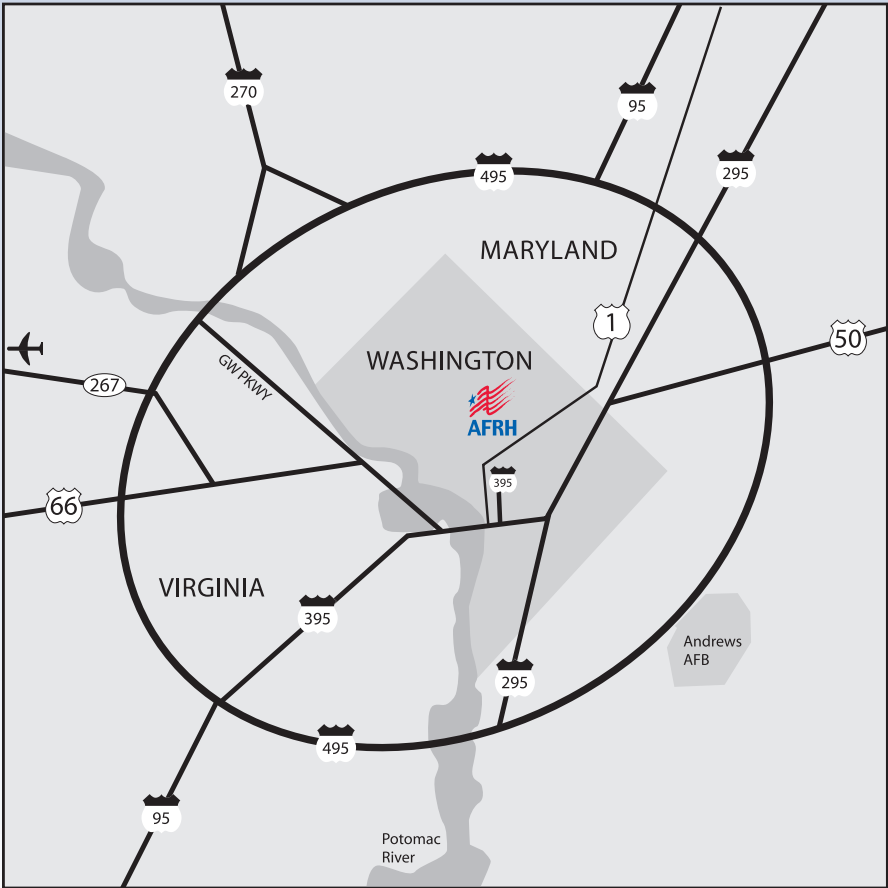
**From Maryland & Parts North/West:**

- > Take I-495 - Capital Beltway
- > Exit 31 - Silver Spring
- > Stay on Georgia Ave. in Silver Spring
- > Pass Walter Reed Army Medical Center
- > Turn LEFT on Upshur St. - between 4200 & 4300 block
- > Cross Rock Creek Church Rd. & enter AFRH Main "Eagle Gate"
- > Check in with Security (140 Rock Creek Church Rd.)

**From Virginia & Points South:**

- > Take I-395 North
- > Interstate ends at New York Ave.
- > Turn RIGHT on New York Ave.
- > Go 2 Blocks, veer RIGHT onto M St. (at sign: "N. Capitol St.")
- > Go to 2nd Stoplight and turn LEFT onto N. Capitol St. NW
- > Continue on N. Capitol for about 1.5 miles
- > Pass the Home & Sign: "Armed Forces Retirement Home" (on left)
- > Go down hill, make LEFT onto Allison St. NE
- > Go 1 short block - turn LEFT onto Rock Creek Church Rd. NW
- > Go uphill .25 mi. to Upshur St.
- > Turn LEFT into AFRH at the "Eagle Gate"
- > Check in with Security (140 Rock Creek Church Rd.)

*AFRH-W is inside the Capital Beltway (I-495) in NW DC.*



Our veterans proudly display medals, war memorabilia, and cherished photos.

**From Annapolis & Points East:**

- > Take State Rt. 50 West - which becomes New York Ave. in DC
- > Take the S. Dakota exit
- > Cont. on S. Dakota
- > Make a LEFT onto Taylor
- > Turn RIGHT onto N. Capitol St. NW
- > Continue on N. Capitol for about 1.5 miles
- > Pass the Home & Sign: "Armed Forces Retirement Home" (on left)
- > Go down hill, make LEFT onto Allison St. NE
- > Go 1 short block - turn LEFT onto Rock Creek Church Rd. NW
- > Go uphill .25 mi. to Upshur St.
- > Turn LEFT into AFRH at the "Eagle Gate"
- > Check in with Security (140 Rock Creek Church Rd.)



Our historic home is the site of President Lincoln's Cottage.